

**CENTER HOURS:
9:00 – 4:00**

The Computer Lab is open every day with classes/instruction being offered on Monday and Tuesday from 9:00-11:00

Monday, September 4

CLOSED



Monday, September 11

Seasonal Art, 10-12 – Art Room



ACTIVITIES

Tuesday, September 5

*Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Mixed Media, 9-11, Art Room
Texas Hold 'Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Relaxation, 10:30-11:00 - Meditation Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm*

Tuesday, September 12

*Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold 'Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Mixed Media, 10-12 – Art Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Relaxation, 10:30-11:00 – Meditation Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm*

*Game Room – Open M-F
Open play pool and table games*

Quilting & Sewing Room is open every day from 9-3. If you need specific instruction in an area, please call our office.

Wednesday, September 6

*Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
Meditation, 9:30 – Meditation Rm
BINGO-12:30, WCHLA - Dining Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm*

Wednesday, September 13

*Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
Meditation, 9:30 – Meditation rm
Seasonal Art, 10-12, Art Rm
BINGO-12:30, Brenham Nursing & Rehab & Traditions – Dining rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm*



Thursday, September 7

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Mixed Media, 9:00-11:00, Art rm
Bridge, 9:30-11:30, Board Rm
Relaxation, 10:30-11:00 – Meditation Room
Exercise, 1:00-1:30- Exercise Rm*

Thursday, September 14

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Bridge, 9:30-11:30, Board Rm
Relaxation, 10:30-11:00 – Meditation room
Mixed Media, 11-2:00 – Art rm
Exercise, 1:00-1:30- Exercise Rm*

Friday, September 1

Blood Pressure Check- 11:00-12:00, Dining Room. Jeanne, accentCare



Friday, September 8

Blood Pressure Check- 10:30-11:30, Board Rm, EMS

Friday, September 15

Blood Pressure Check- 11:00-12:00, Dining Room. Jeanne, accentCare



Monday, September 18	Tuesday, September 19	Wednesday, September 20	Thursday, September 21	Friday, September 22
<p><i>Mixed Media, 10:00-12:00, Art Rm</i></p> <p>BOARD MEETING, 11:30-1:00, Board Room</p>	<p><i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Mixed Media, 9:00-10:00, Art Rm</i> <i>Texas Hold 'Em, 9-11-Game Rm</i> <i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Relaxation, 10:30-11:00 – Meditation rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i></p> <p>MOVIE – 12:45-2:45 – Board Room</p>	<p><i>Pitch, 9:00-11:00 – Board Rm</i> <i>“42”, 9:00-11:00 – Game Rm</i> <i>Meditation, 9:30 – Meditation Rm</i> <i>Seasonal Art, 10:30-1:00 – Art Rm</i> <i>BINGO-12:30, High Hope & Amedisys – Dining Room</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30, Exercise Rm</i></p>	<p><i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Knit & Crochet, 9-12-Quilting rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Bridge, 9:30-11:30, Board Rm</i> <i>Relaxation, 10:30-11:00 – Meditation Rm</i> <i>Exercise, 1:00-1:30- Exercise Rm</i></p>	<p><i>Blood Pressure Check- 10:30-11:30, Board Rm, EMS</i></p> 
Monday, September 25	Tuesday, September 26	Wednesday, September 27	Thursday, September 28	Friday, September 29
<p><i>Seasonal Art, 10-12 – Art Rm</i></p> 	<p><i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Texas Hold 'Em, 9-11-Game Rm</i> <i>Exercise, PIYO, 9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Relaxation, 10:30-11:00 – Meditation rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i></p>	<p><i>Pitch, 9:00-11:00 – Board Rm</i> <i>“42”, 9:00-11:00 – Game Rm</i> <i>BINGO, 12:30 – WCHLA, Dining rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30, Exercise Rm</i></p>	<p><i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise Rm</i> <i>Knit & Crochet, 9-12-Quilting rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Bridge, 9:30-11:30, Board Rm</i> <i>Relaxation, 10:30-11:00 – Meditation Rm</i> <i>Exercise, 1:00-1:30- Exercise Rm</i></p>	<p><i>Blood Pressure Check- 11:00-12:00, Dining Room. Jeanne, accentCare</i></p>

Margaret E. Blizzard Senior Activity Center
SEPTEMBER 2023 Activities Calendar
979-836-6552
1301 E. Tom Green St., Brenham, TX 77833