

## Monday, October 2

**PIYO**, 9-10- Exercise Rm, Benita  
**Women's Pool** – 10:30-11:30  
**Needle Work Group** – 9-11:30  
**Free Sewing** – 9-3:00, Quilting Rm  
Instructors Available  
**Mixed Media** 10-3:00– Art Room  
**Exercise** – 1-1:30 Exercise Rm, Lete  
**American Sign Language Class;**  
1-2:15, Board Rm, Melinda  
**American Sign Language Class;**  
2:15-3:30, Board Rm, Melinda

## Monday, October 9

**COLUMBUS DAY**

**Center Closed**



## Monday, October 16

**PIYO**, 9-10- Exercise Rm, Benita  
**Women's Pool** – 10:30-11:30  
**Needle Work Group** – 9-11:30  
**Free Sewing**, 9-3:00, Quilting Rm  
**Mixed Media** 10-3:00– Art Room  
**Exercise** – 1-1:30 Exercise Rm, Lete  
**American Sign Language Class;**  
1-2:15, Board Rm, Melinda  
**American Sign Language Class;**  
2:15-3:30, Board Rm, Melinda  
  
**Sewing instructors available from 9-3 in Quilting room**

## Tuesday, October 3

**Mixed Media**– 9-3:00; Art Rm, Barbara  
**Knit/Crochet** – 1-3:00, Quilt Rm  
**Hairpin Lace** – 1-3:00, Quilt Rm



## Tuesday, October 10

**Mixed Media**– 9-3:00; Art Rm, Barbara  
**Knit/Crochet** – 1-3:00, Quilt Rm  
**Hairpin Lace** – 1-3:00, Quilt Rm

## Tuesday, October 17

**Mixed Media** – 9-3:00, Art Rm, Barbara  
**Knit/Crochet** – 1-3:00, Quilt Rm  
**Hairpin Lace** – 1-3:00, Quilt Rm



## Wednesday, October 4

**Card/Domino Tournaments**  
9-11:15, Dining Room  
**Mixed Media** – 9-11:00 Art Rm, Barbara  
**Free Sewing**, 9-3:00, Quilting Rm  
**Chair Yoga** – 10:00-10:30  
Exercise room, Candy  
**BINGO**, 12:30, Annie, Dining Rm  
**Quilting** –1-3:00, Quilting Rm  
**American Sign Language Class ;**  
1-2:15, Board Rm, Melinda  
**ASL**- 2:15-3:30, Bd Rm, Melinda  
**Sewing instructors available from 9-3 in Quilting room**

## Wednesday, October 11

**Card/Domino Tournaments**  
9-11:15, Dining Room  
**Mixed Media** – 9-11:00, Art Rm, Barbara  
**Free Sewing**, 9-3:00, Quilting Rm  
**NO CHAIR YOGA**  
**Presentation on Medicare Supplemental Ins.;** 11:00 –  
Dining Rm, Stacey  
**BINGO**, 12:30, Bluebonnet Elec  
**Quilting** –1-3:00, Quilting Rm  
**American Sign Language Class ;**  
1-2:15, Board Rm, Melinda  
**ASL;** 2:15-3:30, Bd Rm, Melinda  
**Sewing instructors available from 9-3 in Quilting room**

## Wednesday, October 18

**Card/Domino Tournaments**  
9-11:15, Dining Room  
**Mixed Media**– 9-11:00, Art Rm  
**Free Sewing**, 9-3:00, Quilting Rm  
**NO CHAIR YOGA**  
**WCHLA Board Meeting**, 11:30-1:00, Board Room  
**BINGO** – 12:30, Brenham Nursing & Rehab/Traditions  
**Quilting** –1-3:00, Quilting Rm  
**American Sign Language Class**  
1-2:15, Board Rm, Melinda  
**ASL**, 2:15-3:30, Bd Rm, Melinda  
**Sewing instructors available from 9-3 in Quilting room**

## Thursday, October 5

**Matter of Balance class;**  
8:30-11:00, Board Room,  
Baylor Scott & White  
**PIYO** - 9-10:00, Ex. Rm, Benita  
**Mixed Media**-10-3:00, Art rm  
**Line Dancing**-1-2:00  
Quilting Rm, Nicole

## Thursday, October 12

**Matter of Balance class;**  
8:30-11:00, Board Room,  
Baylor Scott & White  
**PIYO** - 9-10:00, Ex. Rm, Benita  
**Mixed Media**- 10-3, Art rm  
**Book Review** – News of the World; 10:30 Dining Room  
**Line Dancing**-1-2:00  
Quilting Rm, Nicole

## Thursday, October 19

**Matter of Balance class;**  
8:30-11:00, Board Room,  
Baylor Scott & White  
**PIYO** - 9-10:00, Ex. Rm, Benita  
**Mixed Media** – 10:00-3:00,  
Art room, Barbara  
**Line Dancing**-1-2:00  
Quilting Rm, Nicole

## Friday, October 6

**Mixed Media**– 10-2:00  
Art Room, Barbara  
**High Hope Presentation**, 10:30,  
Dining Room  
**Exercise** – 1-1:30, Ex. Rm, Lete



## Friday, October 13

**Mixed Media**– 10-2:00  
Art Room, Barbara  
**Exercise** – 1-1:30, Ex Rm, Lete  
  
**Lunch Run to Madden's in Bryan on Saturday, October 14<sup>th</sup>. Leaving the Center promptly at 10:00 a.m. See Jill for additional information**

## Friday, October 20

**Mixed Media**– 10-2:00  
Art Room, Barbara  
**Presentation by Focusing Families on Domestic Violence including Elder Abuse** – 10:30;  
Tiffanie  
**Exercise** – 1-1:30, Ex Rm, Lete

Monday, October 23	Tuesday, October 24	Wednesday, October 25	Thursday, October 26	Friday, October 27
<p><i>PIYO</i>, 9-10- Exercise Rm, Benita  <i>Women's Pool</i> – 10:30-11:30  <i>Needle Work Group</i> – 9-11:30  <i>Free Sewing</i> - 9-3:00, Quilting Rm  <i>Mixed Media</i> 10-3:00, Art Room  <i>Exercise</i> – 1-1:30 Exercise Rm,Lete  <i>American Sign Language Class</i>; 1-2:15, Board Rm, Melinda  <i>American Sign Language Class</i>; 2:15-3:30, Board Rm, Melinda</p> <p><i>Sewing instructors available from 9-3 in Quilting room</i></p>	<p><i>Mixed Media</i>– 9-3; Art Rm, Barbara  <i>Knit/Crochet</i> – 1-3:00, Quilt Rm  <i>Hairpin Lace</i> – 1-3:00, Quilt Rm</p>	<p><i>Card/Domino Tournaments</i> 9-11:15, Dining Room  <i>Mixed Media</i> – 9-11:00 Art Rm, Barbara  <i>Free Sewing</i>, 9-3:00, Quilting Rm  <i>Chair Yoga</i> – 10:00-10:30 Exercise room, Candy  <i>Quilting</i> –1-3:00, Quilting Rm  <i>American Sign Language Class</i> ; 1-2:15, Board Rm, Melinda  <i>ASL</i>; 2:15-3:30, Bd Rm, Melinda</p> <p><i>Sewing instructors available from 9-3 in Quilting room</i></p>	<p><i>Matter of Balance class</i>; 8:30-11:00, Board Room, Baylor Scott &amp; White  <i>PIYO</i> - 9-10:00,Ex. Rm, Benita  <i>Mixed Media</i>-10-3, Art Rm  <i>Line Dancing</i>-1-2:00 Quilting Rm, Nicole</p> <p><i>Senior Day at Washington County Fair</i></p>	<p><i>Mixed Media</i> – 10-2:00 Art Room, Barbara  <i>Exercise</i> – 1-1:30, Ex Rm, Lete</p> <div data-bbox="1711 337 1911 544" data-label="Image"> </div> <p style="text-align: right; font-size: small;">© wondercliparts.com</p>
Monday, October 30	Tuesday, October 31			
<p><i>PIYO</i>, 9-10- Exercise Rm, Benita  <i>Women's Pool</i> – 10:30-11:30  <i>Needle Work Group</i> – 9-11:30  <i>Free Sewing</i> – 9-3:00, Quilting Rm  <i>Mixed Media</i> 10-3:00,Art Room, Barbara  <i>Exercise</i> – 1-1:30 Exercise Rm,Lete  <i>American Sign Language Class</i>; 1-2:15, Board Rm, Melinda  <i>American Sign Language Class</i>; 2:15-3:30, Board Rm, Melinda</p> <p><i>Sewing instructors available from 9-3 in Quilting room</i></p>	<p><b>HALLOWEEN COSTUME CONTEST</b>  <i>Mixed Media</i>– 9-3; Art Rm, Barbara  <i>Knit/Crochet</i> – 1-3:00, Quilt Rm  <i>Hairpin Lace</i> – 1-3:00, Quilt Rm</p> <div data-bbox="527 865 789 1174" data-label="Image"> </div>	<p><i>The Computer Lab</i> is open every day with classes/instruction being offered on <b>Monday and Tuesday</b> from 10:00-12:00</p> <p style="text-align: center;"><b>CENTER HOURS:</b>  <b>9:00 – 4:00</b></p>	<p><b>Meditation/Relaxation Room:</b></p> <p><b>Monday-Friday:</b>  8-9:00 Personal time  9-10:00 Meditation  1-2:30 Meditation/Relaxation</p> <p><i>Sewing Instructors are available from 9-3 in the Quilting room every Monday and Wednesday.</i></p>	<p><b>Game Room</b> – Open M-F  Open play pool and table games</p> <p><b>Senior Garden Project Volunteers:</b> Check with Barbara Hemmer for schedule</p> <div data-bbox="1680 873 1942 1104" data-label="Image"> </div>

**Margaret E. Blizzard Senior Activity Center**  
**October 2017 Activities Calendar**  
**979-836-6552**  
**1301 E. Tom Green St., Brenham, TX 77833**  
[www.seniorcenterbrenham.com](http://www.seniorcenterbrenham.com)  
Please check “Information Stand” in Lobby for Activity Flyers