

Monday, July 3

Piyo, 9-10- Exercise Rm, Benita
Women's Pool – 10:30-11:30,
 Game Room, Carol Montgomery
Needle Work Group – 9-11:30
 Quilting Room
Mixed Media 10-12:00 & 1-3:00–
 Art Room, Barbara
Exercise – 1-1:30 Exercise Rm, Lete

Monday, July 10

Piyo, 9-10- Exercise Rm, Benita
Women's Pool – 10:30-11:30,
 Game Room, Carol Montgomery
Needle Work Group – 9-11:30
 Quilting Room
Lone Star Legal Aid, 10:00-11:00,
 Dining Room, Natalie
Mixed Media 10-12:00 & 1-3:00–
 Art Room, Barbara
Exercise – 1-1:30 Exercise Rm, Lete

Pilot Club Meeting – 5:00, Board
 Room, Sedonia Powell

Monday, July 17

Piyo, 9-10- Exercise Rm, Benita
Women's Pool – 10:30-11:30,
 Game Room, Carol Montgomery
Needle Work Group – 9-11:30
 Quilting Room
Compassionate Care Hospice,
 10:15-10:45, Dining Room, Izzy
Mixed Media 10-3:00– Art Room,
 Barbara
Exercise – 1-1:30 Exercise Rm, Lete

Tuesday, July 4

CENTER CLOSED



*Celebrate America's
 freedom!*

Tuesday, July 11

Mixed Media– 9-3:00; Art Rm,
 Barbara
Knit/Crochet – 1-3:00, Quilt Rm
Hairpin Lace – 1-3:00, Quilt Rm

NO SENIORCISE

Tuesday, July 18

Mixed Media – 9-3:00, Art Rm,
 Barbara
Knit/Crochet – 1-3:00, Quilt Rm
Hairpin Lace – 1-3:00, Quilt Rm
Seniorcise – 1-2:00 & 2:30-3:30,
 Exercise Rm, Baylor Scott & White

Wednesday, July 5

Card/Domino Tournaments
 9-11:15, Dining Room
Rock Art – 9-11:00, Art Rm,
 Barbara
Chair Yoga – 10:00-10:30
 Exercise room
BINGO, 12:30, Annie
Quilting –1-3:00, Quilting Rm

Wednesday, July 12

Card/Domino Tournaments
 9-11:15, Dining Room
Rock Art– 9-11:00 Art Rm,
 Barbara
Chair Yoga – 10:00-10:30
 Exercise room, Candy
Quilting –1-3:00, Quilting Rm

Wednesday, July 19

Card/Domino Tournaments
 9-11:15, Dining Room
Mixed Media – 9-11:00, Art Rm,
 Barbara
NO CHAIR YOGA
WCHLA Board Meeting, 11:30-
 1:00, Board Room
BINGO – 12:30, Brenham
 Nursing & Rehab/Traditions
 Health Care, Kevin & Carter
Quilting –1-3:00, Quilting Rm

Thursday, July 6

Piyo-9-10:00, Ex. Rm, Benita
Mixed Media Art – 10-3:00,
Seniorcise, 1-2:00 & 2:30-
 3:30, Exercise Rm, Gail, Baylor
 S&W
Line Dancing-1-2:00 Quilting
 Rm, Nicole

Thursday, July 13

Piyo 9-10:00, Ex. Rm, Benita
Health Fair, 9:00 Blinn
 Nursing Students
Mixed Media Art – 10-3:00,
Right at Home, 10:45-11:00,
 Kevin
Line Dancing-1-2:00 Quilting
 Rm, Nicole

NO SENIORCISE

Thursday, July 20

Piyo 9-10:00, Ex. Rm, Benita
Mixed Media Art – 10:00-3:00
Seniorcise, 1-2:00 & 2:30-
 3:30, Exercise Rm, Gail, Baylor
 S&W
Line Dancing-1-2:00 Quilting
 Rm, Nicole

Friday, July 7

Mixed Media Art – 10-2:00
 Art Room, Barbara
Exercise – 1-1:30, Ex. Rm, Lete

Friday, July 14


Mixed Media Art – 10-2:00
 Art Room, Barbara
Exercise – 1-1:30, Ex Rm, Lete

DINNER RUN, 4:00 p.m., Jill;
**Cross Roads Tavern, Cat
 Spring**

Friday, July 21

Mixed Media Art – 10-2:00
 Art Room, Barbara
Exercise – 1-1:30, Ex Rm, Lete



Monday, July 24	Tuesday, July 25	Wednesday, July 26	Thursday, July 27	Friday, July 28
<p><i>Piyo</i>, 9-10- Exercise Rm, Benita Women's Pool – 10:30-11:30, Game Room, Carol Montgomery Needle Work Group – 9-11:30 Quilting Room Mixed Media 10-3:00, Art Room, Barbara Exercise – 1-1:30 Exercise Rm, Lete</p>	<p>Mixed Media– 9-3; Art Rm, Barbara Knit/Crochet – 1-3:00, Quilt Rm Hairpin Lace – 1-3:00, Quilt Rm Seniorcise – 1-2:00 & 2:30-3:30, Exercise Rm, Baylor Scott & White</p>	<p>Card/Domino Tournaments 9-11:15, Dining Room Mixed Media– 9-11:00, Art Room, Barbara NO CHAIR YOGA Quilting –1-3:00, Quilting Rm</p>	<p><i>Piyo</i> 9-10:00, Ex. Rm, Benita Mixed Media Art – 10-3:00, Seniorcise, 1-2:00 & 2:30- 3:30, Exercise Rm, Baylor S&W Gail Line Dancing-1-2:00 Quilting Rm, Nicole</p>	<p>Mixed Media Art – 10-2:00 Art Room, Barbara Exercise – 1-1:30, Ex Rm, Lete</p>
<p>Monday, July 31</p>				
<p><i>Piyo</i>, 9-10- Exercise Rm, Benita Women's Pool – 10:30-11:30, Game Room, Carol Montgomery Needle Work Group – 9-11:30 Quilting Room Mixed Media 10-3:00, Art Room, Barbara Exercise – 1-1:30 Exercise Rm, Lete</p>	<p>Meditation/Relaxation Room: Monday-Friday: 8-9:00 Personal time 9-10:00 Meditation 1-2:30 Meditation/Relaxation</p>	<p>Game Room – Open M-F Open play pool and table games</p> <p>Senior Garden Project Volunteers: Check with Barbara Hemmer for schedule</p>	<p>The Computer Lab is open every day with classes/instruction being offered on Monday and Tuesday from 10:00-12:00</p>	

Margaret E. Blizzard Senior Activity Center
July 2017 Activities Calendar
979-836-6552
1301 East Tom Green Street
Brenham, TX 77833
www.seniorcenterbrenham.com
 Please check "Information Stand" in Lobby for
 Activity Flyers