

FEBRUARY 2023 Activity Calendar



Monday, February 6

NUTRITION BINGO, 12:30 - BVCASA – WCHLA Dining Room

Tuesday, February 7

*Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold ‘Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Mixed Media, 10:30-1 – Art Rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm*

Monday, February 13

Tomorrow is



Tuesday, February 14

*Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold ‘Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Mixed Media, 10:30-1–Art Rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm*

VALENTINE'S DAY PROGRAM

12:15 in WCHLA Dining Room

Wednesday, February 1

*Mixed Media, 9-1 – Art Rm
Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
BINGO-12:30, WCHLA - Dining Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm*

Wednesday, February 8

*Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
Mixed Media, 10-12 – Art Room
BINGO-12:30, Brenham Nursing & Rehab – Dining rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm*

Wednesday, February 15

*Mixed Media, 9:00-1:00 - Art Rm
Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
BINGO-12:30, High Hope – Dining Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm*

Thursday, February 2

*Mixed Media, 9-12 - Art Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Bridge, 9:30-11:30, Board Rm
Exercise, 1:00-1:30- Exercise Rm*

Thursday, February 9

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Bridge, 9:30-11:30, Board Rm
Beginning Quilting, 10-12-Quilting Room
Mixed Media, 10:30-1- Art Room
Exercise, 1:00-1:30- Exercise Rm*

Thursday, February 16

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Bridge, 9:30-11:30, Board Rm
Beginning Quilting, 10-12
Mixed Media, 10:30-1– Art Room
Exercise, 1:00-1:30- Exercise Rm*

**CHAMBER OF
COMMERCE
Connect After 4;
4:00-6:00 - WCHLA**

Friday, February 3

Blood Pressure Check- 11:30-12:30, Jeanne, accentCare -Dining rm

Friday, February 10




Blood Pressure Check- 10:30-11:30, Board Rm, EMS

Friday, February 17

Blood Pressure Check- 11:00-12:00, Dining Rm, Jeanne, accentCare



**MARDI GRAS
PROGRAM**
12:15 in WCHLA Dining Room

Monday, February 20	Tuesday, February 21	Wednesday, February 22	Thursday, February 23	Friday, February 24
 <p>WE WILL BE OPEN!</p>	<p><i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Texas Hold 'Em, 9-11-Game Rm</i> <i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Mixed Media, 10:30-1 – Art Room</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i></p>	<p><i>Pitch, 9:00-11:00 – Board Rm</i> <i>“42”, 9:00-11:00 – Game Rm</i> BINGO, 12:30 – WCHLA <i>Dining rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30, Exercise Rm</i></p> <p>COMMUNITY HEALTH FAIR <i>sponsored by Washington County</i> <i>Ag Extension Office,</i> <i>9:30-11:30 - at WCHLA</i></p>	<p><i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Knit & Crochet, 9-12-Quilting rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Bridge, 9:30-11:30, Board Rm</i> <i>Mixed Media, 10:30-1, Art Room</i> <i>Exercise, 1:00-1:30- Exercise Rm</i></p>	<p><i>Blood Pressure Check-10:30-11:30, Board Rm, EMS</i></p>
Monday, February 27	Tuesday, February 28			
	<p><i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Texas Hold 'Em, 9-11-Game Rm</i> <i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Mixed Media, 10:30-1, Art Room</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i></p> <p>BOARD MEETING, 11:30-1:00 <i>Board Room</i></p>	<p>CENTER HOURS: 9:00 – 4:00</p> <p><i>The Computer Lab is open every day with classes/instruction being offered on Monday and Tuesday from 9:00-11:00</i></p>	<p>Meditation/Relaxation Room: Monday-Friday: 8-9:00 <i>Personal time</i> 9-10:00 <i>Relaxation</i> 1-2:30 <i>Relaxation</i></p> <p>Game Room – Open M-F <i>Open play pool and table games</i></p> <p>Quilting & Sewing Room is open every day from 9-3. If you need specific instruction in an area, please call our office.</p>	

Margaret E. Blizzard Senior Activity Center

FEBRUARY 2023 Activities Calendar

979-836-6552

1301 E. Tom Green St., Brenham, TX 77833

www.seniorcenterbrenham.com