

**Meditation/Relaxation Room:**

**Monday-Friday:**

8-9:00 Personal time

9-10:00 Meditation

1-2:30 Meditation/Relaxation

**Game Room – Open M-F**

Open play pool and table games

**Sewing Instructors are available from 9-3 in the Quilting room every Monday and Wednesday**

**Monday, February 4**

**PIYO**, 9-10- Exercise Rm, Benita

**Women’s Pool** – 10:30-11:30

**Needle Work Group** – 9-11:30

**Sewing** - 9-3:00, Quilting Rm

**American Sign Language (ASL)**

10-11:30, Board Rm

**Mixed Media**- 10-11:30, Art Rm

**Exercise** – 1-1:30, Lete

**Monday, February 11**

**PIYO**, 9-10- Exercise Rm, Benita

**Women’s Pool** – 10:30-11:30

**Needle Work Group** – 9-11:30

**Sewing** - 9-3:00, Quilting Rm

**American Sign Language (ASL)**

10-11:30, Board Rm

**Mixed Media**- 10-11:30, Art Rm

**Exercise** – 1-1:30, Lete

**CENTER HOURS:**

**9:00 – 4:00**

*The Computer Lab is open every day with classes/instruction being offered on Monday and Tuesday from 10:00-12:00*

**Senior Garden Project**

**Volunteers:** Check with Barbara Hemmer for schedule

**Tuesday, February 5**

**Texas Hold ‘Em**, 9-1-Game Rm

**Find Your Roots! Explore**

**Ancestry.com** - Michael Addicks;

Computer Lab, 10-11

**Mixed Media**– 10-3:00; Art Rm

**Tap Dance Class**-10:30-11:30;

Quilting Rm, Nicole

**Knit/Crochet** – 1-3:00, Quilt Rm

**Tuesday, February 12**

**Texas Hold ‘Em**, 9-1-Game Rm

**Find Your Roots! Explore**

**Ancestry.com** - Michael Addicks;

Computer Lab, 10-11

**Mixed Media** – 10-3:00, Art Rm

**Tap Dance Class**-10:30-11:30;

Quilting Rm, Nicole

**Knit/Crochet** – 1-3:00, Quilt Rm



**Wednesday, February 6**

**Card/Domino Tournaments**

9-11:15, Dining Room

**Find Your Roots! Explore**

**Ancestry.com** - Michael Addicks;

Computer Lab, 10-11

**Mixed Media** – 10-11:30, Art Rm

**Sewing**, 9-3:00, Quilting Rm

**American Sign Language (ASL)**

10-11:30, Board Rm

**Chair Yoga** – 10-10:30, Candy

**Sassy Seniors Red Hats** – 11:30,

Dining Rm

**BINGO** – 12:30, Annie & Stoney

**Quilting** –1-3:00, Quilting Rm

**Wednesday, February 13**

**Card/Domino Tournaments**

9-11:15, Dining Room

**Find Your Roots! Explore**

**Ancestry.com** - Michael Addicks;

Computer Lab, 10-11

**Mixed Media** – 10-11:30, Art Rm

**Sewing**, 9-3:00, Quilting Rm

**American Sign Language (ASL)**

10-11:30, Board Rm

**Chair Yoga** – 10-10:30, Candy

**Quilting** –1-3:00, Quilting Rm

**Thursday, February 7**

**PIYO** - 9-10:00, Ex. Rm, Benita

**A Matter of Balance**-9-11; Board

Rm, Baylor Scott & White

**Find Your Roots! Explore**

**Ancestry.com** - Michael Addicks;

Computer Lab, 10-11

**Mixed Media**- 10-3, Art Rm

**A Matter of Balance**-1-3, Board

Rm; Baylor Scott & White

**Line Dancing**-1-2:00 Exercise

Rm, Nicole

**Thursday, February 14**

**PIYO** - 9-10:00, Ex. Rm, Benita

**A Matter of Balance**-9-11; Board

Rm, Baylor Scott & White

**Find Your Roots! Explore**

**Ancestry.com** - Michael Addicks;

Computer Lab, 10-11

**Mixed Media** – 9:00-12:00, Art

room, Barbara

**A Matter of Balance**-1-3, Board

Rm; Baylor Scott & White

**Line Dancing**-1-2:00 Exercise

Rm, Nicole

**Friday, February 1**

**Mixed Media**– 10-2, Art Rm

**Exercise** – 1-1:30, Lete



**Friday, February 8**

**Music by the Carlisle’s** –

10:30; Dining Room

**Mixed Media**– 10-2, Art Rm

**Exercise** – 1-1:30, Lete



**Friday, February 15**

**Mixed Media** – 10-2:00




Art Room, Barbara

**BOOK CLUB**-10:30 in

Board Rm (Donna & Linda)

**Exercise** – 1-1:30, Lete



Monday, February 18	Tuesday, February 19	Wednesday, February 20	Thursday, February 21	Friday, February 22
<p style="text-align: center;"><b>CLOSED</b></p> <p style="text-align: center;"><i>In observance of President's Day</i></p>  <p style="text-align: center;"><i>Presidents Day</i></p>	<p><i>Texas Hold 'Em, 9-1-Game Rm</i>  <b>Find Your Roots! Explore</b>  <i>Ancestry.com - Michael Addicks;</i>  <i>Computer Lab, 10-11</i>  <b>Mixed Media</b>– 10-3:00; Art Rm  <b>Tap Dance Class</b>-10:30-11:30;  <i>Quilting Rm, Nicole</i>  <b>Knit/Crochet</b> – 1-3:00, Quilt Rm</p>	<p><b>Card/Domino Tournaments</b>  9-11:15, Dining Room  <b>Mixed Media</b> – 10-11:30 Art Rm  <b>Sewing, 9-3:00, Quilting Rm</b>  <b>American Sign Language (ASL)</b>-  10-11:30, Board Rm  <b>Chair Yoga</b> – 10-10:30, Candy  <b>Find Your Roots! Explore</b>  <i>Ancestry.com - Michael Addicks;</i>  <i>Computer Lab, 10-11</i>  <b>BINGO</b> – 12:30, Brenham Nursing  &amp; Rehab/Traditions  <b>Quilting</b> –1-3:00, Quilting Rm</p>	<p><b>PIYO</b> - 9-10:00,Ex. Rm, Benita  <b>A Matter of Balance</b>-9-11; Board  Rm, Baylor Scott &amp; White  <b>Find Your Roots! Explore</b>  <i>Ancestry.com - Michael Addicks;</i>  <i>Computer Lab, 10-11</i>  <b>Mixed Media</b> – 9:00-12:00, Art  room, Barbara  <b>A Matter of Balance</b>-1-3, Board  Rm; Baylor Scott &amp; White  <b>Line Dancing</b>-1-2:00 Exercise  Rm, Nicole</p>	<p><b>Music by the Carlisle's</b> –  10:30; Dining Room  <b>Mixed Media</b> – 10-2:00  Art Room, Barbara  <b>Exercise</b> – 1-1:30, Lete</p> 
Monday, February 25	Tuesday, February 26	Wednesday, February 27	Thursday, February 28	
<p><b>PIYO, 9-10- Exercise Rm, Benita</b>  <b>Women's Pool</b> – 10:30-11:30  <b>Needle Work Group</b> – 9-11:30  <b>Sewing</b> - 9-3:00, Quilting Rm  <b>American Sign Language (ASL)</b>  10-11:30, Board Rm  <b>Mixed Media</b>- 10-11:30, Art Rm  <b>Exercise</b> – 1-1:30, Lete</p>	<p><i>Texas Hold 'Em, 9-1-Game Rm</i>  <b>Find Your Roots! Explore</b>  <i>Ancestry.com - Michael Addicks;</i>  <i>Computer Lab, 10-11</i>  <b>Mixed Media</b>– 10-3:00; Art Rm  <b>Tap Dance Class</b>-10:30-11:30;  <i>Quilting Rm, Nicole</i>  <b>Knit/Crochet</b> – 1-3:00, Quilt Rm</p>	<p><b>Card/Domino Tournaments</b>  9-11:15, Dining Room  <b>Mixed Media</b> – 10-3:00, Art Rm  <b>Sewing, 9-3:00, Quilting Rm</b>  <b>American Sign Language (ASL)</b>  10-11:30, Board Rm  <b>Chair Yoga</b> – 10:00-10:30  Exercise room, Candy  <b>Find Your Roots! Explore</b>  <i>Ancestry.com - Michael Addicks;</i>  <i>Computer Lab, 10-11</i>  <b>BINGO</b> – 12:30, Compassionate  Care &amp; 1<sup>st</sup> Texas Home Health  <b>Quilting</b> –1-3:00, Quilting Rm</p>	<p><b>PIYO</b> - 9-10:00,Ex. Rm, Benita  <b>A Matter of Balance</b>-9-11; Board  Rm, Baylor Scott &amp; White  <b>Find Your Roots! Explore</b>  <i>Ancestry.com - Michael Addicks;</i>  <i>Computer Lab, 10-11</i>  <b>Mixed Media</b> – 9:00-12:00, Art  room, Barbara  <b>A Matter of Balance</b>-1-3, Board  Rm; Baylor Scott &amp; White  <b>Line Dancing</b>-1-2:00 Exercise  Rm, Nicole</p>	

**Margaret E. Blizzard Senior Activity Center**  
**FEBRUARY 2019 Activities Calendar**  
**979-836-6552**  
**1301 E. Tom Green St., Brenham, TX 77833**  
[www.seniorcenterbrenham.com](http://www.seniorcenterbrenham.com)  
Please check "Information Stand" in Lobby for  
Activity Flyers