

**CENTER HOURS:
9:00 – 4:00**

The Computer Lab is open every day with classes/instruction being offered on Monday and Tuesday from 10:00-12:00

Senior Garden Project Volunteers: Check with Barbara Hemmer for schedule

Monday, August 6

*PIYO, 9-10- Exercise Rm, Benita
Women's Pool – 10:30-11:30
Needle Work Group – 9-11:30
Sewing, 9-3:00, Quilting Rm
Mixed Media 10-11:30; Art Rm
Exercise – 1-1:30 , Lete*

Monday, August 13

*PIYO, 9-10- Exercise Rm, Benita
Women's Pool – 10:30-11:30
Needle Work Group – 9-11:30
Sewing - 9-3:00, Quilting Rm
Mixed Media- 10-11:30, Art Rm
Exercise – 1-1:30, Lete*



*Meditation/Relaxation Room:
Monday-Friday:
8-9:00 Personal time
9-10:00 Meditation
1-2:30 Meditation/Relaxation*

*Game Room – Open M-F
Open play pool and table games*

Sewing Instructors are available from 9-3 in the Quilting room every Monday and Wednesday

Tuesday, August 7

*Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media– 10-3:00; Art Rm
Tap Dance Class-10:30-11:30; Quilting Rm, Nicole
Knit/Crochet – 1-3:00, Quilt Rm*

Tuesday, August 14

*Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media – 10-3:00, Art Rm
Tap Dance Class-10:30-11:30; Quilting Rm, Nicole
Knit/Crochet – 1-3:00, Quilt Rm*

Wednesday, August 1

*Card/Domino Tournaments 9-11:15, Dining Room
Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media – 10-11:30, Art Rm
Sewing, 9-3:00, Quilting Rm
Chair Yoga – 10-10:30, Candy
BINGO – 12:30, Annie
Quilting –1-3:00, Quilting Rm*

Wednesday, August 8

*Card/Domino Tournaments 9-11:15, Dining Room
Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media – 10-11:30, Art Rm
Sewing, 9-3:00, Quilting Rm
Chair Yoga – 10-10:30, Candy
Quilting –1-3:00, Quilting Rm*

Wednesday, August 15

*Card/Domino Tournaments 9-11:15, Dining Room
Birdhouse decorating – Art Rm (limited to 15 people)
Sewing, 9-3:00, Quilting Rm
Chair Yoga – 10-10:30, Candy
Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
WCHLA Board Meeting, 11:30-1:00, Board Room
Monthly Birthday Recognition- at Lunch in Dining room
BINGO – 12:30, Brenham Nursing & Rehab/Traditions
Quilting –1-3:00, Quilting Rm*

Thursday, August 2

*PIYO – 9-10:00, Ex. Rm, Benita
Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media- 10-3, Art rm
Line Dancing-1-2:00 Exercise Rm, Nicole*

Thursday, August 9

*PIYO - 9-10:00, Ex. Rm, Benita
Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media- 10-3, Art rm
Line Dancing-1-2:00 Exercise Rm, Nicole*

Thursday, August 16

*PIYO - 9-10:00, Ex. Rm, Benita
Find Your Roots! Explore Ancestry.com - Michael Addicks; Computer Lab, 10-11
Mixed Media – 10:00-3:00, Art room, Barbara
Line Dancing-1-2:00 Exercise Rm, Nicole*

Friday, August 3

*Mixed Media– 10-2, Art Rm
Exercise – 1-1:30, Lete*




Friday, August 10

*Music by the Carlisle's – 10:30; Dining Room
Mixed Media– 10-2, Art Rm
Exercise – 1-1:30, Lete*

Friday, August 17

*Mixed Media – 10-2:00 Art Room, Barbara
Exercise – 1-1:30, Lete*

Monday, August 20	Tuesday, August 21	Wednesday, August 22	Thursday, August 23	Friday, August 24
<p><i>PIYO</i>, 9-10- Exercise Rm, Benita <i>Women's Pool</i> – 10:30-11:30 <i>Needle Work Group</i> – 9-11:30 <i>Sewing</i>, 9-3:00, Quilting Rm <i>Mixed Media</i> 10-11:30; Art Rm <i>Exercise</i> – 1-1:30 , Lete</p> 	<p><i>Find Your Roots! Explore Ancestry.com</i> - Michael Addicks; Computer Lab, 10-11 <i>Mixed Media</i>– 10-3; Art Rm <i>Tap Dance Class</i>-10:30-11:30, Quilting Rm, Nicole <i>Knit/Crochet</i> – 1-3:00, Quilt Rm</p>	<p><i>Card/Domino Tournaments</i> 9-11:15, Dining Room <i>Mixed Media</i> – 10-3:00, Art Rm <i>Sewing</i>, 9-3:00, Quilting Rm <i>Chair Yoga</i> – 10:00-10:30 Exercise room, Candy <i>Find Your Roots! Explore Ancestry.com</i> - Michael Addicks; Computer Lab, 10-11 <i>BINGO</i> – 12:30, Compassionate Care & 1st Texas Home Health <i>Quilting</i> –1-3:00, Quilting Rm</p>	<p><i>PIYO</i> - 9-10:00,Ex. Rm, Benita <i>Find Your Roots! Explore Ancestry.com</i> - Michael Addicks; Computer Lab, 10-11 <i>Mixed Media</i> – 10-3:00, Art Rm <i>Line Dancing</i>-1-2:00 Exercise Rm, Nicole</p>	<p><i>Music by the Carlisle's</i> – 10:30; Dining Room <i>Mixed Media</i> – 10-2, Art Rm <i>Exercise</i> – 1-1:30, Lete</p>
Monday, August 27	Tuesday, August 28	Wednesday, August 29	Thursday, August 30	Friday, August 31
<p><i>PIYO</i>, 9-10- Exercise Rm, Benita <i>Women's Pool</i> – 10:30-11:30 <i>Needle Work Group</i> – 9-11:30 <i>Sewing</i>, 9-3:00, Quilting Rm <i>Mixed Media</i> 10-11:30; Art Rm <i>Exercise</i> – 1-1:30 , Lete</p>	<p><i>Find Your Roots! Explore Ancestry.com</i> - Michael Addicks; Computer Lab, 10-11 <i>Mixed Media</i>– 10-3; Art Rm <i>Tap Dance Class</i>-10:30-11:30, Quilting Rm, Nicole <i>Knit/Crochet</i> – 1-3:00, Quilt Rm</p>	<p><i>Card/Domino Tournaments</i> 9-11:15, Dining Room <i>Mixed Media</i> – 10-3:00, Art Rm <i>Sewing</i>, 9-3:00, Quilting Rm <i>Chair Yoga</i> – 10:00-10:30 Exercise room, Candy <i>Find Your Roots! Explore Ancestry.com</i> - Michael Addicks; Computer Lab, 10-11 <i>Quilting</i> –1-3:00, Quilting Rm</p>	<p><i>PIYO</i> - 9-10:00,Ex. Rm, Benita <i>Find Your Roots! Explore Ancestry.com</i> - Michael Addicks; Computer Lab, 10-11 <i>Mixed Media</i> – 10-3:00, Art Rm <i>Line Dancing</i>-1-2:00 Exercise Rm, Nicole</p>	<p><i>Mixed Media</i> – 10-2, Art Rm <i>Exercise</i> – 1-1:30, Lete</p>

Margaret E. Blizzard Senior Activity Center
August 2018 Activities Calendar
979-836-6552
1301 E. Tom Green St., Brenham, TX 77833
www.seniorcenterbrenham.com
 Please check "Information Stand" in Lobby for
 Activity Flyers